

CycleFit



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Summer 2011

recsports.indiana.edu

RS INDIANA UNIVERSITY
RECREATIONAL
SPORTS

CycleFit

CycleFit is our indoor cycling program offering a friendly and motivational experience for participants of all levels. Sessions simulate the varied terrain of an outdoor ride including steady flats, hills, and sprints.



GIFT
CERTIFICATES
AVAILABLE!

SUMMER 2011 CYCLEFIT SCHEDULE

Day	Session	Location	Time
Monday	CycleFit-45	SRSC CF Studio	12:15 - 1:00PM
Tuesday	CycleFit-45	SRSC CF Studio	5:30 - 6:15PM
Wednesday	CycleFit-45	SRSC CF Studio	6:30 - 7:15PM
Thursday	CycleFit-45	SRSC CF Studio	5:30 - 6:15PM
Sunday	CycleFit-45	SRSC CF Studio	5:30 - 6:15PM <i>Series II ONLY.</i>

Schedules are subject to change for Series II. Visit recsports.indiana.edu for up-to-date information and session leaders.

Series I sessions will not meet on Monday, May 30 due to the Memorial Day holiday. Series II sessions will not meet on Monday, July 4 due to the Independence Day holiday. Participants may make up this session by attending another session at their convenience.

Registration opens Monday, April 25 at SRSC or Wildermuth Member Services.

Series I: May 9 - June 19

Series II: June 20 - August 14

REGISTRATION & FEES

There are two ways to register and participate in CycleFit.

1. Pick a specific session and sign up for a weekly series.
This will allow you attend that specific session once per week for the duration of the series.
- OR -
2. Purchase a 3-session or 7-session CycleFit punch card. This option allows you to attend any sessions as they fit your schedule. Just bring your punch card with you to the session. Cards are valid the entire semester.

	Weekly Series (meets once/week)	7-Session Punch Card:	3-Session Punch Card:
Students	\$24/series	\$24/card	\$12/card
Faculty/Staff	\$27/series	\$27/card	\$13/card
Public	\$28/series	\$28/card	\$14/card

Purchase 3 series/cards and save 10%, purchase 4 series/cards and save 20%.



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