



## WELCOME

Campus Recreational Sports at Indiana University welcomes faculty, staff, students and members of the public of all abilities to participate in Recreational Sports Programs. Please contact our trained and knowledgeable staff to address any specific needs.

### Two Campus Locations

With two convenient campus locations—the School of Health, Physical Education and Recreation (HPER) Building, located across from the Indiana Memorial Union, and the Student Recreational Sports Center (SRSC), located one block Northeast of the IU Main Library—members can work out and have fun morning to night, 362 days a year. Pick up the Accessibility Guide when you are visiting a facility.

### Student Memberships

Students; When you pay your Student Activity Fee on your Bursar Bill each semester, you receive a membership and unlimited access to all Campus Recreational Sports facilities and programs. All you need is your valid student I.D. to enjoy these privileges.

### Non-Student Memberships

Members of the IU faculty and staff, IU alumni and the general public may also purchase a membership. Memberships are valid for one year. Stop by SRSC 115 or HPER Wildermuth to purchase a Recreational Sports membership.



#### OUR MISSION

We connect, inform and inspire people to lead active, healthy lifestyles.

#### OUR VISION

We strive to be the most comprehensive, inclusive, and progressive Recreational Sports program in the country.

We accomplish this through:

- Diverse sport and fitness opportunities
- Advancing a culture of wellness
- Offering student development opportunities
- Distinctive facilities and equipment
- An enhanced sense of community
- Leadership to the profession

☎ 812.855.7772



# SRSC STUDENT RECREATIONAL SPORTS CENTER

## accessibility GUIDE



Campus Recreational Sports is a division of the School of HPER

## PROGRAMS

### ADAPTED AQUATICS PROGRAM

Join the adapted aquatics program offered at the Student Recreational Sports Center (SRSC)! The adapted aquatics program is designed for people with disabilities. The program tailors lessons for each participant to help them learn to swim or improve their technique. Lessons consist of eight sessions and no membership is needed for adapted aquatics participation. All abilities are welcome. Instructors will include IU students in Therapeutic Recreation. For more information or to arrange lesson times, call 855.1321.

### PARTNERS IN RECREATIONAL SPORTS

Through Partners in Recreational Sports, people who have disabilities are paired with practicum students from the School of Health, Physical Education and Recreation (HPER) who will assist them in achieving greater participation in recreational sport activities. For more information, call 855.7772 or stop by SRSC 115.



### SRSC PARKING

The SRSC provides accessible parking in the East and the Northeast lots. Accessible spaces include both metered and university permit spaces. All sidewalks have curb ramps. A sidewalk with a handrail leads to the North entrance. The lower level (South) entrance and upper level North entrance are equipped with a power-assisted door.

### SRSC ACCESSIBILITY FEATURES:

- **Member Services-**

Located on the main level of the SRSC, our staff are ready to answer any questions!

- **Elevator-**

All three floors can be accessed using the available elevator.

- **Locker Room/Changing Rooms-**

Equipped with accessible restrooms, changing rooms are located on the lower level. Accessible showers include shower heads that can be either hand-held or hands-free.

- **Basketball Courts-**

There are five basketball courts located on the main level. Basketball courts can only be reserved through the Facility Use Committee during informal time. Please use non-marking tires on courts. Volleyball courts can be reserved up to 24-hours in advance for up to a two-hour time block. For reservations, visit Member Services at SRSC 115 or call 855.7772.

- **Track-**

The three-lane track is located on the upper level. Each lane is designated for a different speed: walking, jogging, and running.

- **Racquetball/Wallyball/Squash Courts**

Located on the main level, Racquetball/Wallyball/Squash courts can be reserved up to 24-hours in advance for a one-hour time block. For reservations, visit Member Services SRSC 115 or call 855.7772.

- **Multi-Purpose Gyms**

There are two multi-purpose gyms on the main level and one gym on the upper level that are equipped to offer adaptable workouts.

- **Strength and Conditioning Area**

Located on the upper level, our strength and conditioning area is equipped with a Badger Advantage multi-use system that includes removable seats, nylon wrist cuffs and Advantage bars.

- **Councilman/Billingsley Aquatic Center**

The SRSC Councilman/Billingsley Aquatic Center (CBAC) is equipped with a moveable hydraulic lift with two possible locations around the pool and diving well. Please notify staff in advance of your interest in using the pool lift. In addition, flotation devices are available. Campus Recreational Sports offers an Adaptive Aquatics Program tailoring lessons for each participant to learn to swim or improve their technique.

### SPECIFIC REQUESTS

If you have a specific request that will enhance your participation in our programs, please call 855.7772 or stop by SRSC 115 to discuss your idea. With your input, we will make every effort to accommodate your needs.