

# CYCLEFIT SCHEDULE

ALL SESSIONS ARE HELD IN SRSC CYCLEFIT STUDIO.

Day	Session	Time	Leader
Monday	CycleFit-45	5:45-6:30PM	Jared
	CycleFit-45	8:00-8:45PM	Kelsey
Tuesday	CycleFit-45	6:15-7:00AM	Kaydee
	CycleFit-45	5:45-6:30PM	Kathy
	Little 500	6:45-7:45PM	Randi
	Power Train-60*		
Wednesday	CycleFit-45	5:45-6:30PM	Judy
	CycleFit-45	8:00-8:45PM	Brandon
Thursday	CycleFit-45	6:15-7:00AM	Kathy
	CycleFit-45	5:45-6:30PM	Jared
	Little 500	6:45-7:45PM	Randi
	Power Train-60*		
Saturday	CycleFit-45*	10:00-10:45AM	Rotation
Sunday	CycleFit-45	5:45-6:30PM	Kaitlyn

## REGISTRATION & FEES

Series I: 1/16-3/11 • Series II: 3/19-4/29

Register two ways :

1. Pick a specific session and sign up for a weekly series. This will allow you to attend that specific session once per week for the duration of the series. - OR -
2. Purchase a CycleFit punch card. This option allows you to attend any sessions as they fit your schedule. Just bring your punch card with you to the session. Cards are valid the entire semester.

	Weekly Series (meets once/week)	7-Ses. Card:	3-Ses. Card:
Students	\$26/series	\$26/card	\$13/card
Faculty/Staff	\$30/series	\$30/card	\$15/card
Public	\$31/series	\$31/card	\$16/card

Purchase two items and save 10%. Purchase three or more items and save 15%.  
Discounts do not apply on three-session punch cards.

\*Offered only during series I.



# RS CYCLEFIT



## Your Time to Pedal up a Sweat!

CycleFit is our indoor cycling program offering a friendly and motivational experience for participants of all levels who are seeking a great cardio workout. These 45 or 60 minute sessions are offered daily and simulate the varied terrain of an outdoor ride. More information can be found at [recsports.indiana.edu](http://recsports.indiana.edu).

INDIANA UNIVERSITY  
**RECREATIONAL SPORTS**  
Visit [recsports.indiana.edu](http://recsports.indiana.edu) for schedules & more information.